

		MONDAY 04 November 2024	TUESDAY 05 November 2024	WEDNESDAY 06 November 2024	THURSDAY 07 November 2024	FRIDAY 08 November 2024
MORNING SNACK	WESTERN	Corn flakes with Milk	Baked Potatoes	Coco Crunch with Milk	Scramble Egg with Bake Bean	French Toast with Honey
	ASIAN/ VEGAN	Char Hor Fun	Fried Maggi Mamak	Malay Fried Rice	Nasi Lemak with Condiments	Vegetable Porridge
LUNCH	SANDWICH BAR	2 CHOICES OF BREAD 2 CHOICES OF FILLINGS 6 CHOICES OF VEGETABLES	2 CHOICES OF BREAD 2 CHOICES OF FILLINGS 6 CHOICES OF VEGETABLES	2 CHOICES OF BREAD 2 CHOICES OF FILLINGS 6 CHOICES OF VEGETABLES	2 CHOICES OF BREAD 2 CHOICES OF FILLINGS 6 CHOICES OF VEGETABLES	2 CHOICES OF BREAD 2 CHOICES OF FILLINGS 6 CHOICES OF VEGETABLES
	NOODLE BAR	MEE BANDUNG	MEE HAILAM	CREAMY PASTA	LOR MEE	BOLOGNESE PASTA
	WESTERN	CREAMY TUNA SAUTEED PENNE PESTO GARDEN SALAD	MEDITERRANEAN GRILLED CHICKEN SAUTEED POTATO WITH CARAMELIZE ONION RATTATOUILLE	MUTTON STEW WITH POTATO TOMATO SALSA BUTTER COUSCOUS VEGETABLE AU GRATIN	MOZARELLA CHICKEN IN TOMATO SAUCE HOME MADE MASH POTATO GARLIC BUTTER BROCCOLI	PARMESAN CRUSTED FISH FRIED POTATO WEDGES TOMATO SALAD & DRESSING
	ASIAN	CHICKEN FRIED BRIYANI RICE VEGETABLE DAL CURRY	FISH FINGER FRIED YEE MEE SAUTEED SPINACH & CARROT	BAKED CHEESE CHICKEN STEAMED RICE SAUTEED SIEW PAK CHOY	SWEET & SOUR TILAPIA FILLET STEAMED RICE BRAISED CABBAGE WITH GOJI BERRY	BUTTER CHICKEN SINGAPORE FRIED BEEHOON BRAISED SOFT TOFU IN SOY SAUCE
	VEGETARIAN	VEGGIE CHICKEN 65 BRIYANI RICE VEGETABLE DAL CURRY	CRISPY VEGGIE FISH FRIED YEE MEE SAUTEED SPINACH & CARROT	BLACK PEPPER VEGGIE CHICKEN WITH SPRING ONION STEAMED RICE SAUTEED SIEW PAK CHOY	MOZARELLA VEGGIE CHICKEN IN TOMATO SAUCE HOME MADE MASH POTATO GARLIC BUTTER BROCCOLI	BUTTER MILK VEGGIE CHICKEN SINGAPORE FRIED BEEHOON BRAISED SOFT TOFU IN SOY SAUCE
	DESSERT	FRUIT	FRUIT	FRUIT	FRUIT	BANANA CAKE
AFTERNOON	SNACK	BUTTER CORN BUN + CUT FRUIT	SPONGE CAKE + CUT FRUIT	BBQ BUN + CUT FRUIT	MINI PIZZA BUN + CUT FRUIT	BUTTER CORN + APPLE JUICE

All the food served are Halal

Menu may change according to food supply seasons

Delischool Healthy Food Guidelines

No added salt in cooking. All our food is MSG (monosodium glutamate) free

We reduce saturated fat, the sugar content and artificial

We bake, grill and steam rather than fry

Guaranteed nut-free, palm oil free, Glutamate and Ajinomoto free



New Dish / New Recipes

